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OASIS SAILING CLUB – MOB Jibe to Quick Stop method

One can find a lot MOB material on the Web. Different approaches, diagrams and tips. There is no foolproof method and conditions vary greatly. The OSC adopted, tested and practices an approach that best fits our needs:

- a) Get to the **MOB** quickly and safely.
- b) Secure the **MOB** to the swim step.
- c) Call for help.

Below you will find the main features / steps adopted by the OSC. Practice is highly recommended. Picking up balloons at sea is a good Jibe to Quick Stop practice opportunity.

PRACTICE! PRACTICE! and then PRACTICE!

1. **IF A PERSON FALLS OVERBOARD**, whoever sees him first should shout “**MAN OVERBOARD!**” to alert the rest of the crew.

Then...

2. The nearest persons to the seat cushions or life preservers should immediately throw them to the MOB, but take care not to hit him.
3. A crewmember keeps his eyes on the person and **POINTS TO MOB CONTINUOUSLY**; this crew member should take care not to do anything else.
4. Helmsman or crew pushes MOB button on GPS. {Do you know how to use the MOB button?}
5. Helmsman to note wind direction.
6. Helmsman to inform crew about impending jibe.
7. Helmsman to perform a Jibe.
 - a. *!Practice centering the main synchronized with the jibe maneuver.*
 - b. *!Do not release the jib sheet.*
8. Helmsman to continue steering the boat as wide as needed downwind to allow for a turn up wind towards the MOB.
9. Order an appropriate Radio call.
10. Depending on wind, boat speed and crew skills order the following:
 - a. Furl the jib to ensure a stop at the MOB. Use the engine as needed.

NOTE: Engine is never in gear at the MOB

- b. Order deployment of the life sling.
 - c. Order lowering the swim step ladder.
11. The object at this point is to stop upwind such that the MOB can capture and hold on to the Life Sling then crew brings, and safely secures, the victim to the swim step. BEST practice: MOB places life sling under the arms.
12. Wait for rescue or bring MOB on board if possible. HEAD HOME or nearest safe base.